



Rules to be Followed Daily

1. Daily reading of the Christ given Rules and Explanations (see #10 of the 2007 Message) of why he has made them into rules.
2. Daily Meditation. (see #9 "Meditation" of the 2007 Message and #3 "How to Meditate" in Letter 8)
3. Daily, I will reject all ego thoughts and replace them with thoughts of compassionate love and unconditional love.
4. To make meaningful contact with other people I must LISTEN to them and must stop bringing the subject back to myself.
5. I must be able to hear truths about myself without hiding behind a cloak of excuses and indulging in retaliations.
6. I must, at all times, be truthful and straight forward, otherwise my consciousness will be fragmented and I will lack conviction.

7. Daily, I must remember and affirm that in the Kingdom of Heaven - tomorrow is always perfect.
8. I must avoid all alarmist talk. To build the Kingdom of Heaven within and without myself, I must withdraw my consciousness from everything which I do not want to see repeated or perpetuated in the future.
9. I will listen carefully to all who seek my love and my comfort and will ask Divine Consciousness to give me the words to heal their hurt.
10. I will not give way to jealousy because I know that all the things necessary for my care and happiness can be mine when I ask 'Father-Mother-Love'.
11. Daily I will make the Affirmation - visualising the full meaning as I speak.



Source: 2007 Message, #10



"It is my, Christ's, dearest longing these LETTERS should be swiftly publicised and distributed to people seeking Truth. If quoting from my LETTERS, please state the source very clearly:

"CHRIST'S LETTERS from CHRIST'S WAY"

If you feel you would like to promote and assist in publicising and translating Christ's Letters into other languages, or make a donation to the Recorder, please contact Christ's Way. Any assistance will be greatly valued.