



# Prayer

*Throughout His Letters, Articles and Messages Christ gives guidance about “prayer”. The following is a summary of His guidance using direct quotes from the Letters, Articles & Messages:*

Many people shy away from the suggestion that they alone are responsible for their troubles. It is more difficult for some people to face up to their inadequacies than it is for those who have the inner strength and self-confidence to look at themselves fairly and squarely.

Sincere Prayer draws the ‘Father-Creative Consciousness’ into the mind, quietly, secretly, it cleanses the human consciousness of all that the seeker no longer feels comfortable with. It is, of necessity, a very gradual process of inner cleansing and development.

Remember that prayer and meditation focused entirely on your Creator will bring you new strength and insight which, in turn, will bring changes to your feelings and environment.

Your specific and impassioned prayer for alleviation of some kind, may be answered but it will avail you little in the long term **if your mind and heart**

**continually operate in contravention of the Universal Laws of LOVE and you live in a mindset of constant criticism.**

Sometimes, people make **powerfully prayerful contact** with the **DIVINE REALITY** behind and within all creation, **It responds** and **Its activity** is shortly revealed as necessary improvements within the personal and national life – and people may exclaim 'This is a miracle!'

But – in the long term, – **the state of the Personal or National consciousness will again reassert itself in their experiences and will reproduce the same negative effects in health or affairs as they did previously.**

You cannot effect permanent changes in your lives unless you change your consciousness.

People must pray and strive at all times to achieve unconditional **Love**.

Pray sincerely, with all your souls, minds, hearts – for **true enlightenment** – rather than a reiteration of old and false beliefs. Wake up and accept that these rituals and past beliefs have not fulfilled my words to mankind, when I promised that 'greater things than I did' would you do.

If, in your mind, after prayer, the old conditions have not become past negative conditions, then return to prayer until you can dismiss them from your mind and really believe that all is being Divinely taken care of – right that minute.

I did not pray a set prayer. I simply asked the **Creative Father** radiating through my own consciousness, for whatever was needed.

I strongly realised and visualized the '**Father Creative Consciousness**' was a dynamic operating **Force** which manifested itself through the visible world as:

Creativity, intelligent design, growth, nutrition and nourishment, protection, healing, regeneration, fulfilment of every need – all within a system of law and order.

I realised that '**Father Creative Consciousness**' was the '**worker**' and that **It** was eternal and infinite and nothing - nothing except the human mind could stop it from doing its work.

Therefore, I rid my mind of any human feelings and thoughts.

Return again and again to giving thanks for the benefits you have asked for. They will surely materialize.

When you 'give thanks' you are accepting, acknowledging, believing, impressing in your own consciousness the realisation that your prayer now lies within the '**Father Love Consciousness**' and is being '**processed**' for visible manifestation in due course at the right time. When in Palestine, I constantly gave thanks for the work before it was accomplished.

Meanwhile, until true enlightenment comes to you - (after meditation and prayer) - teach, demonstrate and live: **BROTHERLY LOVE** with all the strength of soul, heart and mind - minute by minute in your daily lives.

### **What NOT to do when Praying**

Never focus on your problems - always - ask for the right remedy. Let your Creator bring you the right solutions which your human mind is incapable of thinking up.

Never tell your Creative '**Father**' how ill you are. Concentrate on the Power you are receiving immediately into your condition (although your consciousness may be too densely human to feel it) and give thanks for your swift recovery and believe in it.

Never pray and then go out of your room and tell people how ill you feel, or how terrible the personal or national situation is. If you have asked the Father

Creator to solve your problems, finances or poor health, what an insult to the Father Creator to continue to bring up past negative conditions? You immediately undo the work the Father Creator is engaged in.



*Source: [Christ's Letters, Articles & Messages](#)*



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