



# Mindset

It is time to examine your MINDSET. Are you happy with it?

You can make choices, and as you make them, you can call upon the 'Father' to help you make the changes, and the help will surely be given you, - providing you do not doubt.

I therefore urge you to continue to read and absorb the following pages. I want to impress on you the strength of your mindset - which is the sum total of all your conscious and subconscious programming.

It is essential you should understand that none of this human mindset has its origins in the spiritual dimension.

It is entirely earthly and probably filled with mythical ideas, prejudices, misconceptions, resentments, buried memories of past hurts, and habitual methods of dealing with the ups-and-downs of life. Your human mindset (including any religious ideas or beliefs) determines your world, your relationships, experiences, successes, failures, happiness and misery. It is even

responsible for your sickness, disease and accidents. Nothing happens by chance. Everything is woven out of the inner threads of your personal consciousness - thoughts, expectations, beliefs in life, fate, 'God'. You live in a world of your own making. This is why children raised in the same environment turn out differently. Each one has its own individual mindset constructed according to inherent character traits.

If, from birth, you had no developing mindset, you would be as unconscious as a statue, devoid of feeling, responses and thought. Vacantly, you would stare at the world, and whilst there might be a great deal of activity around you, nothing would impinge on your consciousness, since you would be devoid of reaction. Nothing would make you happy or miserable, even if a bomb exploded in your vicinity.

Without a mindset, you have no life, no development, no evil, no good. Your TYPE of mindset determines the quality of your life. This is the very first Truth of Existence I want you to realise and understand fully. Furthermore, for as long as you live you carry your mindset with you wherever you go.

There is no escaping it, and day after day, it will continue to create for you the type of existence you have experienced in your past. Many people go through their entire lives believing they are unfortunate. They think that other people have been mean, unkind, ugly to them, and have made their lives thoroughly unhappy.

They believe that 'other people' quarrel with them and constantly make difficulties whilst they are absolutely innocent of any provocation.

On the contrary, 'other people' are not to blame. It is the personal mindset which is attracting to them their negative conditions.

Many people shy away from the suggestion that they alone are responsible for their troubles. It is more difficult for some people to face up to their inadequacies than it is for those who have the inner strength and self-confidence to look at themselves fairly and squarely.

Sincere Prayer draws the 'Father-Creative Consciousness' into the mind, quietly, secretly, it cleanses the human consciousness of all that the seeker no longer feels comfortable with. It is, of necessity, a very gradual process of inner cleansing and development.



**Source:** [Letter 1, Topic 14](#)



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